

Spa and Jacuzzi: what's the difference?

The terms "spa" and "jacuzzi" are now two distinct names for a whirlpool bath, a device dedicated exclusively to the relaxation and well-being of its users.

"Jacuzzi... the origin of the spa!"

"Jacuzzi" and "spa" are two distinct terms referring to the same device. It is in fact a basin that allows one or more people to enjoy a hot, bubbling bath together. For the record, the history of the Jacuzzi dates back to 1945, when the Italian Candido Jacuzzi invented the first hydraulic pump that could be used in a bathtub. This installation is the origin of the hydromassage system.

The device was later adopted and used by the Jacuzzi family, in particular to treat the osteoarthritis problems suffered by Candido Jacuzzi's son thanks to the massage provided by the water jets. The hydraulic pump system installed in a bathtub would later become very popular in the sporting and medical world.



It wasn't until 1968 that Roy Jacuzzi, Candido Jacuzzi's grandson, created the first whirlpool bath with a variant of this system, but this time without an external pump. The first "spa" that could accommodate several people at the same time did not come onto the market until 1970. There is little difference between a spa and a jacuzzi: both refer to the bubbling hot water bath provided by a system of hydraulic pumps where the hydromassage can be controlled and set according to the needs of its users.

A device designed for well-being and relaxation

The spa is one of the most luxurious ways to relax and unwind. Once the preserve of treatment centres, spas can now be installed at home. The pool will be filled with hot water and the nozzles installed on the sides of the pool will enable you to enjoy a pleasant hydro-massage session.



Note that the number of hydromassage jets and their respective flow rates determine the spa's performance. The greater the water and air pressure provided by the jets, the more powerful and effective the massage.



As a reminder, the difference between spa and jacuzzi is simply a variation in language. Both refer to the same appliance, which can be used for different purposes. It can be used therapeutically, to relax muscles and soothe aches and pains such as rheumatism, arthritis or back pain. It can also be used as a simple relaxation device to tone the skin, stimulate blood circulation or detoxify the body during a bath. The whirlpool bath can

also be used for sporting purposes, with swimming models allowing users to swim in their spa thanks to a counter-current system.